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Optimizing Uplink Scheduling in IEEE 802.11bn UHR Networks with NPCA Primary Channel Access

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Abstract: This article explores uplink scheduling optimization in IEEE 802.11bn Ultra High Reliability (UHR) networks utilizing Non-Primary Channel Access (NPCA) functionality. NPCA enhances network resilience by enabling devices to switch to alternative channels when the primary channel experiences congestion, but introduces challenges in uplink scheduling efficiency and fairness. Traditional Enhanced Distributed Channel Access (EDCA) mechanisms prove inadequate in time-constrained NPCA scenarios due to collision probability and fairness concerns. The proposed solution implements a trigger-based uplink optimization approach through carefully configured Multi-user EDCA parameters. By setting Arbitration Interframe Space values to zero for all Access Categories and implementing maximum MU-EDCA timer values with timer reset mechanisms, the approach shifts from distributed contention to centralized AP-controlled scheduling. This comprehensive architecture delivers multiple technical benefits: enhanced fairness through parameter optimization, and extended control windows through timer management. The trigger-based approach transforms NPCA operation into a highly efficient, predictable communication channel suitable for applications with strict quality of service requirements in interference-prone environments.

Keywords: ultra-high reliability, non-primary channel access, trigger-based scheduling, uplink optimization, MU-EDCA parameters

INTRODUCTION

The IEEE 802.11bn Ultra High Reliability (UHR) amendment introduces significant enhancements to Wi-Fi networks, particularly through the Non-Primary Channel Access (NPCA) feature. This innovative capability allows networks to maintain connectivity and throughput by dynamically switching to alternative channels when the designated primary channel experiences congestion or interference. While NPCA offers

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substantial benefits for network performance, it also presents unique challenges in terms of uplink scheduling efficiency, channel access fairness, and overhead management. This article explores a novel approach to optimizing uplink transmissions in NPCA scenarios through sophisticated trigger-based mechanisms.

The implementation of NPCA in UHR networks has demonstrated substantial performance benefits in realworld network deployments. Research conducted on multi-band operation with NPCA has shown that intelligent band selection mechanisms can significantly enhance overall network performance when the primary channel faces interference or congestion. These findings align with the comprehensive analysis presented in recent studies exploring various aspects of spectrum efficiency in next-generation Wi-Fi networks through theoretical modeling and practical implementations of channel access mechanisms across multiple frequency bands [1]. Research demonstrates that dynamic channel selection strategies can effectively mitigate the impact of overlapping basic service sets (OBSS) and improve medium utilization across diverse operating environments.

The channel switching process inherent to NPCA operations introduces unavoidable overhead that must be carefully considered in system design. This overhead manifests in multiple forms, including the time required for radio frequency (RF) components to stabilize after frequency changes, timing synchronization procedures between access points and client devices, and the exchange of control frames necessary to coordinate the channel transition. Analysis of hardware-specific behavior during channel switching has revealed significant variations across different device categories and architectural implementations. These variations directly impact the achievable performance gains from NPCA operations and must be factored into scheduling algorithms to ensure optimal system behavior, as detailed in experimental studies conducted using software-defined radio platforms and commercial Wi-Fi chipsets [2].

Standard Enhanced Distributed Channel Access (EDCA) mechanisms face considerable challenges when deployed within the time-constrained operation windows characteristic of NPCA scenarios. The fundamental contention-based nature of EDCA, while effective in general network operations, becomes particularly problematic during brief NPCA windows where maximizing channel utilization is critical. The probabilistic backoff procedures central to EDCA introduce an element of unpredictability that can result in suboptimal medium utilization. This issue is exacerbated in dense deployments where numerous client devices simultaneously attempt to access the channel after switching to the NPCA primary channel. The mathematical analysis of contention window behavior under these conditions demonstrates that collision probability increases significantly as network density rises, following patterns consistent with the theoretical models established for saturated 802.11 networks but with magnified effects due to the compressed time window, as elaborated in work on optimizing channel access mechanisms for multi-band Wi-Fi operations [1].

The proposed trigger-based uplink optimization approach represents a fundamental shift from distributed contention to coordinated access, addressing the core limitations of EDCA in NPCA scenarios. By

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configuring the Arbitration Interframe Space (AIFS) to zero for all access categories and implementing the maximum MU-EDCA timer value, this approach effectively suspends client-initiated contention and transfers scheduling control entirely to the access point. This centralized control mechanism enables sophisticated scheduling algorithms that can consider multiple factors beyond simple queue status, including application requirements, historical throughput patterns, and quality of service parameters. The consistent reset of MU-EDCA timers through periodic trigger frames creates a stable control loop that maintains AP scheduling authority throughout the NPCA operation window, ensuring fairness and efficiency in channel utilization during time-constrained NPCA operations [2].

Understanding NPCA in IEEE 802.11bn

NPCA represents a paradigm shift in how Wi-Fi networks handle channel access. In traditional Wi-Fi operations, when the primary channel is occupied by an Overlapping Basic Service Set (OBSS), transmissions typically face delays, resulting in throughput degradation. The NPCA feature enhances network resilience by enabling UHR-capable devices to switch to a designated NPCA primary channel when the original primary channel is unavailable.

This capability is particularly valuable in densely deployed environments where channel contention is common. Extensive experimental evaluations of NPCA functionality across various network topologies have demonstrated significant throughput improvements when implemented in congested environments. Comprehensive analysis of NPCA performance in enterprise Wi-Fi deployments has shown that this feature can improve overall network throughput by up to 45% in scenarios with high OBSS interference. The study further indicates that effective channel selection algorithms for NPCA operation can maintain quality of service parameters within acceptable ranges even when primary channel utilization exceeds 80%. These findings strongly suggest that NPCA represents a viable solution for maintaining connectivity in interference-prone environments where traditional channel access methods would experience significant performance degradation. The adaptive nature of NPCA contributes significantly to improved coexistence between neighboring networks, demonstrating benefits not only for the network implementing the feature but also for overall spectral efficiency across multiple overlapping networks [3].

The benefits of NPCA, however, come with several implementation challenges that must be addressed to maximize its effectiveness. The channel switching overhead represents a significant concern, as the time required for devices to change frequencies and reestablish synchronization introduces unavoidable latency into the communication process. Detailed timing analysis of channel transition procedures has revealed that the switching delay comprises multiple components, including hardware settling time, synchronization frame exchange, and timing recovery operations. The cumulative effect of these components can create noticeable interruptions in data flow, particularly for delay-sensitive applications. Additionally, the limited operation window during which devices must complete their transmissions before returning to the original primary channel places constraints on scheduling algorithms and transmission opportunities. This temporal restriction necessitates careful prioritization of traffic to ensure that critical data receives transmission opportunities during the available window [4].

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Effective coordination between the Access Point and client devices represents another crucial challenge in NPCA implementation. The signaling mechanisms required to initiate channel switching, maintain synchronization, and manage the return to the original primary channel must be robust against interference and packet loss. Advanced numerical modeling of NPCA operations under varying channel conditions has revealed that traditional control frame exchange mechanisms may experience up to 23% failure rates during peak interference periods, potentially compromising the reliability benefits that NPCA aims to provide. This finding has motivated research into enhanced signaling protocols specifically designed for robust operation during channel transitions. The coordination complexity increases exponentially with the number of associated clients, requiring sophisticated management algorithms to maintain efficient operation in dense deployments. Furthermore, the effectiveness of NPCA is fundamentally limited by spectrum availability constraints. In environments where the entire frequency band experiences heavy utilization, finding suitable alternative channels becomes increasingly difficult. Statistical analysis based on extensive spectrum measurements in urban environments indicates that the probability of finding a suitable NPCA channel decreases by approximately 8% for each additional overlapping network within interference range, highlighting the importance of comprehensive spectrum management strategies in maximizing NPCA utility [3].

The temporal dynamics of NPCA operation also introduce unique challenges for quality of service maintenance. The intermittent nature of channel availability during NPCA operation can create discontinuities in traffic flow that adversely affect applications requiring consistent bandwidth or predictable latency. Large-scale simulation studies incorporating realistic traffic models for various application types have demonstrated that delay-sensitive applications such as voice and video conferencing may experience quality degradation during channel transition periods unless specialized buffering and prioritization mechanisms are implemented. Detailed packet-level analysis reveals that jitter values for realtime traffic can increase by factors of 3-5 during channel switching operations, potentially exceeding acceptable thresholds for certain applications. These observations have motivated the development of specialized scheduling and prioritization algorithms specifically tailored to the unique characteristics of NPCA operation windows. Machine learning approaches that predict optimal transmission scheduling based on historical channel utilization patterns have shown particular promise, reducing QoS violations by up to 37% compared to traditional scheduling methods. These algorithms incorporate awareness of channel switching timing and spectrum availability patterns to optimize resource allocation decisions, ensuring that mission-critical traffic receives appropriate prioritization during the limited NPCA operation window. Implementation challenges notwithstanding, the potential benefits of NPCA in enhancing network resilience and throughput make it a valuable addition to the IEEE 802.11bn amendment, particularly for deployments in interference-prone environments [4].

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Challenges in Implementing NPCA in Wi-Fi Networks



Fig 1: Challenges in Implementing NPCA in Wi-Fi Networks [3, 4]

The Challenge of Uplink Scheduling in NPCA

One of the most significant challenges in NPCA implementation is maintaining efficient and fair uplink scheduling during the limited NPCA operation window. Without a carefully designed uplink access mechanism, several problems can emerge:

Limitations of Traditional EDCA in NPCA Scenarios

When clients employ traditional Enhanced Distributed Channel Access (EDCA) with backoff mechanisms for uplink transmissions in NPCA scenarios, two critical issues arise:

The first critical issue involves collision probability in heavily loaded channels. The fundamental design of EDCA relies on random backoff values to minimize simultaneous transmission attempts, but this approach becomes increasingly problematic as network density increases. In NPCA scenarios, where multiple clients simultaneously attempt to transmit after switching to the alternate channel, the likelihood of collision

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increases substantially. Collision detection and avoidance mechanisms that were effective in traditional single-channel operations face significant challenges when applied to the dynamic environment of NPCA. The rapid concentration of traffic that occurs when multiple devices switch to the NPCA primary channel creates collision scenarios that are both more frequent and more challenging to mitigate than those encountered in steady-state operations. Traditional backoff mechanisms, which rely on gradual contention window adjustments in response to collision detection, cannot adapt quickly enough to the sudden traffic surges characteristic of NPCA channel transitions. This leads to persistent collision issues that can significantly reduce channel efficiency during the critical NPCA operation window. The enhanced collision detection approaches that have been proposed for high-efficiency WLAN operations need substantial adaptation to address the unique temporal characteristics of NPCA scenarios, where both the traffic patterns and the available transmission window are subject to abrupt changes based on external interference conditions [5].

The second critical challenge relates to fairness concerns in resource allocation during NPCA operations. The random nature of EDCA's backoff mechanism inherently creates unequal access opportunities among clients, with devices selecting lower backoff values gaining disproportionate channel access. This fundamental fairness issue, which has been extensively studied in the context of wireless networks, takes on special significance in the time-constrained environment of NPCA operations. Traditional fairness metrics such as Jain's fairness index reveal that throughput distribution among competing stations becomes increasingly skewed as the operation window shortens, a direct consequence of the limited time available for statistical fairness to emerge through multiple contention cycles. Short-term unfairness, which might be tolerable in continuous operations, becomes particularly problematic when the entire transmission opportunity is confined to a brief NPCA window. Different application types also experience varying levels of fairness degradation, with bursty traffic patterns suffering disproportionately compared to constant bit rate flows. The established relationship between MAC-layer fairness and application-level quality of experience suggests that these fairness issues can directly impact user satisfaction with network performance, particularly for interactive applications that rely on consistent access to transmission opportunities. These observations highlight the importance of developing access mechanisms that can deliver predictable fairness properties even within the truncated timeframes characteristic of NPCA operation [6].

These issues become particularly acute in the time-limited NPCA operation window, where maximizing efficient channel utilization is essential. The combination of increased collision probability and fairness concerns creates a particularly challenging environment for network operators seeking to leverage NPCA capabilities to enhance network resilience and performance. The time-bounded nature of NPCA operations fundamentally alters the operating assumptions of traditional channel access mechanisms, which typically rely on long-term statistical properties to deliver acceptable performance. When the entire operation must complete within a constrained time window, approaches that guarantee deterministic access properties become significantly more attractive than probabilistic mechanisms, regardless of their theoretical long-term efficiency. This realization has driven interest in scheduled access approaches that replace contention

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with coordination, trading the simplicity of distributed decision-making for the predictability of centralized control. Such approaches are particularly well-suited to the unique constraints of NPCA scenarios, where the inherent inefficiencies of contention-based access are magnified by the temporal limitations of the operation window [5].



Fig 2: Challenges of Uplink Scheduling in NPCA [5, 6]

Proposed Solution: Trigger-Based Uplink Optimization

The article presents an innovative approach that leverages trigger-based mechanisms to address the challenges of uplink scheduling in NPCA scenarios. This solution employs carefully tuned Multi-user Enhanced Distributed Channel Access (MU-EDCA) parameters to ensure controlled, efficient, and fair uplink transmissions.

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Key Components of the Trigger-Based Architecture

The proposed scheme incorporates several key technical components:

AIFS Parameter Configuration

By setting the Arbitration Interframe Space (AIFS[AC]) to zero for all Access Categories (AC), the solution ensures that clients do not revert to standard EDCA-based contention parameters. This configuration maintains strict AP control over the uplink scheduling process. The AIFS parameter plays a fundamental role in determining channel access priority within the 802.11 framework, with smaller AIFS values corresponding to higher transmission priority. Traditional implementations assign different AIFS values to different access categories to support quality of service differentiation. However, in the context of triggerbased NPCA operation, this differentiation becomes counterproductive, as it can lead to uncoordinated transmission attempts that undermine the centralized control model. Setting AIFS[AC] to zero effectively prevents clients from initiating autonomous transmission attempts based on internal traffic classification, ensuring that all uplink communications occur exclusively in response to AP-generated trigger frames. Studies on deterministic channel access in OFDMA-based Wi-Fi networks have demonstrated that manipulating MU-EDCA parameters, particularly AIFS values, can effectively transform the fundamental nature of channel access from probabilistic to deterministic. This manipulation creates a reliable foundation for coordinated multi-user operations that can significantly improve spectral efficiency in dense deployments. The zero-AIFS configuration represents an evolution of these techniques specifically tailored to the unique requirements of NPCA operations, where maintaining strict control over all client transmissions becomes essential for maximizing the utility of the limited operation window [7].

Extended MU-EDCA Timer Implementation

The solution applies the maximum MU-EDCA timer value of 255, which translates to approximately 262 milliseconds (255 \times 1024 µs). This extended timer provides a sufficient window for the AP to maintain control over client transmissions through trigger frames. The MU-EDCA timer specification in the 802.11 standard defines the duration during which a station will maintain trigger-based operation after successfully responding to a trigger frame before reverting to traditional EDCA parameters. By setting this timer to its maximum allowed value, the proposed solution maximizes the period during which the AP can maintain deterministic control over channel access. Detailed performance analysis across various traffic scenarios demonstrates that this extended control window provides sufficient flexibility to accommodate both periodic and aperiodic scheduling approaches while maintaining strict coordination of all uplink transmissions. Technical research on timer-based coordination mechanisms for high-efficiency Wi-Fi networks has established that the effectiveness of centralized scheduling is directly correlated with the duration of the control window, with longer windows enabling more sophisticated resource allocation strategies. The selection of the maximum standardized timer value represents a deliberate optimization that balances the desire for extended AP control against the constraints imposed by the standard's parameter ranges. This configuration creates a robust foundation for implementing advanced scheduling algorithms that can deliver predictable performance even in challenging interference environments [8].

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Timer Reset Mechanism

A critical aspect of the solution is the MU-EDCA timer reset functionality. The timer on each client is reset whenever the client successfully transmits a Trigger-Based PPDU in response to an AP-generated trigger frame. This creates a continuous trigger-based access model as long as the AP sends subsequent trigger frames within the 262 ms window. The timer reset mechanism forms the foundation of the continuous control loop that maintains AP authority over all uplink transmissions during NPCA operations. Each successful trigger-response exchange reestablishes the extended control period, effectively creating an indefinitely sustainable trigger-based operation mode as long as the AP continues to issue triggers at appropriate intervals. Research on deterministic channel access mechanisms in OFDMA-based networks has demonstrated that maintaining the MU-EDCA state through periodic trigger frames represents a highly efficient approach to coordinated channel access, with minimal control overhead relative to the performance benefits. The periodic timer reset creates a form of virtual polling without the overhead traditionally associated with explicit polling mechanisms, enabling efficient resource allocation while maintaining backward compatibility with the underlying 802.11 framework. This approach has proven particularly effective in scenarios with diverse client capabilities, as it leverages standardized behavior that is consistently implemented across vendor platforms, ensuring reliable operation in heterogeneous network environments [7].

The comprehensive architecture created by these interconnected components establishes a fundamentally different operational paradigm compared to traditional EDCA-based channel access. Rather than relying on distributed contention resolution with its inherent inefficiencies and fairness challenges, the triggerbased approach implements a form of centralized scheduling that delivers deterministic performance properties. This paradigm shift is particularly well-suited to the unique characteristics of NPCA operation, where the time-constrained nature of the available transmission window makes the inefficiencies of contention-based access especially problematic. By transferring scheduling authority entirely to the access point, the solution enables sophisticated resource allocation decisions that can optimize both efficiency and fairness based on comprehensive knowledge of network conditions and client requirements. Technical investigations into Wi-Fi coordination mechanisms have consistently demonstrated that centralized approaches can achieve significantly higher spectral efficiency compared to distributed alternatives, particularly in congested environments. The application of these principles to NPCA scenarios represents a natural evolution that addresses the specific challenges associated with time-limited channel availability. The ability to maintain deterministic control throughout the NPCA operation window enables reliable quality of service even under challenging interference conditions, making trigger-based uplink scheduling an essential component of next-generation Wi-Fi deployments in dense environments [8].

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Trigger-Based Uplink Optimization for NPCA



Fig 3: Trigger-Based Uplink Optimization for NPCA [7, 8]

Technical Benefits and Performance Implications

This trigger-based uplink scheduling approach offers several technical advantages for NPCA operations:

Enhanced Fairness Through AP-Controlled Scheduling

By centralizing the uplink scheduling decisions at the AP, the solution ensures that all clients receive fair access to transmission opportunities. The AP can implement sophisticated scheduling algorithms that consider factors such as queue length, traffic priority, and quality of service requirements. This centralized approach fundamentally transforms how fairness is achieved in wireless networks, shifting from the statistical fairness that emerges over time in contention-based systems to deterministic fairness guaranteed by intelligent scheduling decisions. The concept of fairness in wireless resource allocation extends beyond simple throughput distribution to encompass complex considerations including temporal equity, proportional allocation based on requirements, and compensation for varying channel conditions. Well-established fairness models such as max-min fairness, proportional fairness, and utility-based approaches provide theoretical frameworks that can be directly implemented in the AP scheduler. These models offer different tradeoffs between absolute equality and overall system efficiency, allowing network

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administrators to select approaches that best match their specific application requirements and operational policies. The centralized nature of trigger-based scheduling enables the implementation of these sophisticated fairness models in ways that would be impossible with distributed contention mechanisms, where individual stations make access decisions with limited network context. This capability is particularly valuable in heterogeneous environments where client devices have varying capabilities, application needs, and quality of service requirements. By explicitly considering these differences in the scheduling algorithm, the system can achieve fairness according to well-defined metrics while maximizing overall utility across all users [9].

Collision Avoidance Through Coordinated Access

The trigger-based mechanism effectively eliminates the possibility of collisions between client transmissions, as each client transmits only when explicitly instructed by the AP. This maximizes channel efficiency during the limited NPCA operation window. In traditional EDCA-based systems, collisions represent a fundamental limiting factor on network efficiency, particularly in dense deployments. By explicitly scheduling each transmission opportunity, trigger-based mechanisms entirely eliminate this source of inefficiency. Enterprise-focused analyses of next-generation Wi-Fi architectures have consistently identified collision elimination as one of the primary benefits of trigger-based operation, with particular emphasis on its importance in high-density environments. Field measurements in enterprise deployments have documented dramatic improvements in medium utilization efficiency when moving from contention-based to coordinated access models. These improvements manifest not only in increased aggregate throughput but also in more consistent performance under varying load conditions. The scheduled nature of trigger-based transmissions also enables more efficient physical layer operation, including optimized guard intervals and more aggressive spatial reuse through coordinated beamforming. These physical layer efficiencies compound the MAC layer benefits of collision elimination, creating multiplicative performance improvements in appropriate deployment scenarios. Furthermore, the predictable transmission patterns enabled by collision-free operation facilitate more sophisticated interference management techniques across multiple access points, enhancing system-wide spectral efficiency in dense enterprise deployments [10].

Overhead Reduction Through Parameter Optimization

The careful tuning of MU-EDCA parameters minimizes the overhead associated with channel access mechanisms, allowing more airtime to be dedicated to actual data transmission rather than contention procedures. Wireless networks fundamentally operate as time-shared systems, with their overall efficiency directly related to the proportion of available time dedicated to productive data transmission rather than control overhead. Traditional contention mechanisms consume substantial airtime through backoff procedures, interframe spacing, and collision recovery - airtime that contributes nothing to actual data throughput. The optimization of MU-EDCA parameters to support trigger-based operation represents a deliberate effort to minimize this non-productive overhead. By reconfiguring these parameters to suppress autonomous transmission attempts and extend the trigger-based control period, the system significantly

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reduces the airtime dedicated to contention procedures. Contemporary analyses of Wi-Fi performance optimization have identified protocol overhead reduction as a critical path to improved efficiency, with particular emphasis on the benefits of transitioning from contention-based to scheduled operation in dense deployments. The airtime savings achieved through these optimizations directly translate to increased capacity for productive data transmission, enabling higher throughput and more consistent performance across varying network conditions. Furthermore, the reduction in control overhead contributes to improved energy efficiency for client devices, as less time is spent in active transmission or reception states for non-productive protocol operations [9].

Extended Control Window Through Timer Management

The implementation of the maximum MU-EDCA timer value (255) provides the AP with an extended control window of approximately 262 ms. This duration is sufficient to accommodate multiple rounds of trigger-based transmissions, enhancing the overall efficiency of the NPCA operation. The extended control window created through careful MU-EDCA timer management represents a fundamental enabler for sophisticated scheduling algorithms that optimize resource allocation across multiple transmission cycles. Enterprise network analyses have consistently identified scheduler sophistication as a critical factor in maximizing the benefits of trigger-based operation, with longer control windows enabling more effective optimization across diverse traffic types. The 262 ms window created by the maximum timer value provides sufficient duration to accommodate the traffic patterns of most common applications, including voice (typically 20 ms packet intervals), video (variable but generally below 100 ms for interactive applications), and standard TCP-based data transfers. This extended duration enables the scheduler to implement complex optimization algorithms that balance competing objectives including throughput maximization, latency minimization, and fairness preservation. Case studies of enterprise Wi-Fi deployments have demonstrated that longer scheduling windows lead to more efficient resource utilization, particularly for applications with periodic traffic patterns where advance knowledge of transmission requirements enables optimal scheduling decisions. The ability to maintain coordinated control over extended periods also facilitates more effective load balancing across multiple access categories and client devices, ensuring efficient operation even with highly heterogeneous traffic mixtures [10].

The combination of these technical benefits creates a comprehensive solution that addresses the fundamental challenges of uplink scheduling in NPCA scenarios. By replacing the probabilistic nature of contention-based access with the deterministic properties of coordinated scheduling, the trigger-based approach delivers predictable performance metrics that are essential for applications with strict quality of service requirements. The efficiency improvements achieved through collision elimination and overhead reduction directly translate to increased network capacity, while the fairness guarantees provided by centralized scheduling ensure that this capacity is equitably distributed among all participating clients. These performance benefits are particularly valuable in the context of NPCA operations, where the limited duration of the available transmission window magnifies the impact of any inefficiencies or fairness issues. The trigger-based approach effectively transforms what would otherwise be a challenging operating

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environment into a highly efficient and predictable communication channel, enabling robust application performance even under adverse interference conditions [9].



Technical Benefits of Trigger-Based Uplink Scheduling

Fig 4: Technical Benefits of Trigger-Based Uplink Scheduling [9, 10]

Conclusion

The trigger-based uplink scheduling mechanism presented in this article addresses the fundamental challenges of operating in NPCA scenarios by replacing contention-based randomness with deterministic, coordinated channel access. By leveraging zero AIFS values, maximum MU-EDCA timer settings, and consistent timer reset procedures, this article establishes a stable control framework that enables sophisticated resource allocation while eliminating collisions and reducing protocol overhead. The centralized scheduling model ensures fairness across heterogeneous client environments while maximizing spectral efficiency during the limited NPCA operation window. This solution represents a significant advancement in Wi-Fi medium access control technology, particularly for dense deployments where traditional contention mechanisms struggle to deliver consistent performance. As IEEE 802.11bn UHR networks continue to evolve and deploy in increasingly demanding environments, the trigger-based uplink scheduling approach will play a crucial role in realizing the full potential of NPCA features, enabling reliable connectivity and predictable performance even under challenging interference conditions.

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